

The background of the slide is a photograph of four sailboats with white sails on a blue body of water under a clear sky. The letters 'L', 'C', 'S', and 'A' are printed in a large, black, serif font across the sails of the four boats from left to right. The text 'Little Creek Sailing Association' is written in a bold, red, sans-serif font at the top of the image.

Little Creek Sailing Association

L

C

S

A

2020 Sailing Instructions

(SI dated June 20, 2020)

Overview



Rules



- Races will be governed by the rules as defined in the **Racing Rules of Sailing** for 2017 – 2020, and **these Sailing Instructions**.
- Non spinnaker classes will be single-headsail only.
- Boats should meet the safety equipment requirements of the **US Sailing Near Shore category** with the addition of 2.4.6, 2.4.7, 2.5.1, 2.7.2, and 3.1.1.

These requirements can be viewed at:

https://www.ussailing.org/wp-content/uploads/2020/01/US_SER_2019.0_Categories.pdf.

- **All changes** to the hull, rig, sails or other factors upon which a rating is based **must be reported to the LCSA Coordinator** for evaluation, prior to the next LCSA race.



Boat Registration



In order to be scored, each boat must do these four things:

1) pay the BBSA and LCSA entry fees

<https://broadbaysailing.org/join-us>

2) sign up for a Race Committee (RC) boat slot

<https://broadbaysailing.org/LCSACalendar>

3) submit a valid PHRF rating (PHRF of the Chesapeake) to LCSA Coordinator.

<http://www.phrfchesbay.org/>

- Proof of application for renewal, prior to June 17, 2020 has been provided to LCSA Coordinator.
- **New members**, or existing members that have a **"new" boat** that they have not raced with LCSA before, will be **granted upon request**, for their **first series raced, a courtesy rating from the LCSA Coordinator**. There is **no redress for assigned rating**.

4) sign BBSA Waiver. <https://broadbaysailing.org/event-3865986>.



Miscellaneous



- **Boats serving as RC** for a race that is cancelled may be **rescheduled** as RC by the LCSA Coordinator
- **Written Changes to Sailing Instructions:**
 - Any changes to the Sailing Instructions will be emailed to the captains of all registered boats before 1700 on the day before it will take effect.



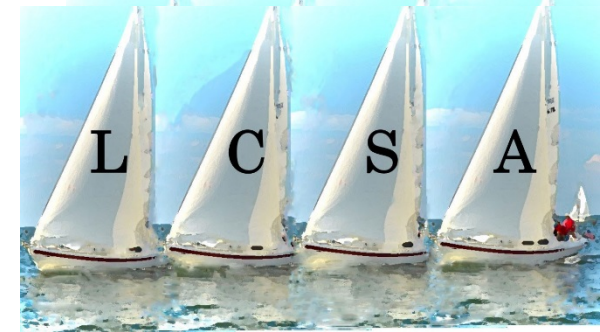
Schedule of Races

- Every Wednesday beginning **June 17, 2020 through September 23, 2020.**
- There will be **three series;** Each series will consist of **five scheduled races.**
- Races **cancelled** will not be scored, but **will remain part of the series.**
- **First Warning Signal** - scheduled for **1825 Series 1 & 2**
1755 for Series 3

	Race 1	Race 2	Race 3	Race 4	Race 5
Series 1	Jun 17	Jun 24	Jul 01	Jul 08	Jul 15
Series 2	Jul 22	Jul 29	Aug 05	Aug 12	Aug 19
Series 3	Aug 26	Sep 02	Sep 09	Sep 16	Sep 23



Scoring



Each series will be scored according to RRS Appendix A **Low Point System**, except that

- For each Fleet, there will be **2 throw-out** races in each series, where **5 races are completed**;
1 throw-out if 4 races are completed;
and **0 throw-outs if 3 or fewer races are completed**.
- Boats not racing in order to serve as **Race Committee (RC)** shall be scored for that race equal to their **boat's average score of non-throw-out races for that series**
Example: In a series a boat that places: 1-2-RC-4-5, shall be scored $(1+2)/2=1.5$.
- **RC will not get "credit"** towards points, unless **at least one boat in their fleet completes the race**.
- **Scores for disqualification** as a result of a protest hearing (DSQ, DNE) shall **not be used as a throw-out**.
Exception: If the race is abandoned, no boat will receive a score for that race.
- A boat **scheduled to be RC** shall either **serve as scheduled, or find her own replacement**.
When finding a replacement, RC will **notify the LCSA Coordinator** of the change prior to the race start.
- If she is **unable to either serve or find a replacement**, she will be penalized in accordance with RRS 44.3(c) (**20% penalty**) for the **next 5 races in which she competes**.



Prizes



- **Trophies** for the **first three places in each Fleet – for each series**

Fleet Champion (3 Fleet Champions – Spin, NS-1, NS-2)

- A Boat will be recognized for their performance in all 3 series.
- **Best 8 races of the year** in the 3 LCSA series
 - For boats racing in more than one Fleet in different series, the best 8 races will all be in the **same Fleet**
- The **Lowest Total in Each Fleet** will be Recognized as **“Fleet Champion”**
 - Ties will be decided by the boat with the most first place finishes in their Fleet.



Classes and Flags

- Spinnaker Class

A (code flag "9")



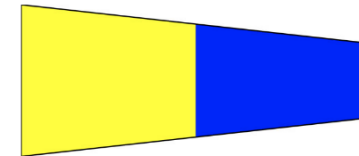
B (code flag "6")



C (code flag "7")



- Non-Spinnaker I – PHRF rating of **170 or less**
(Code Flag "5")



- Non-Spinnaker II – PHRF rating of greater than **170**
(White flag)



- All participating **boats must display their class flag on the backstay** approximately 5 feet above the transom.
- Boats **must stay in the same fleet for an entire series.**
- Boats **must notify the LCSA Coordinator that they are changing fleets prior to the start of the series.**
 - In the absence of such notification, a boat will remain in the class in which it raced in the previous series.
- **A competitor may be protested for not displaying their class flag.**
 - Upon being protested, **she may exonerate herself by taking a one turn penalty.**
 - If she does not avail herself of the one turn penalty, it **could result up to a DSQ** if taken to a Protest Committee.

Little Creek Racing Bouys

S, J, K, L

LittleCreekRacing.com

N 36 58.077
W 76 10.068

Racing Area

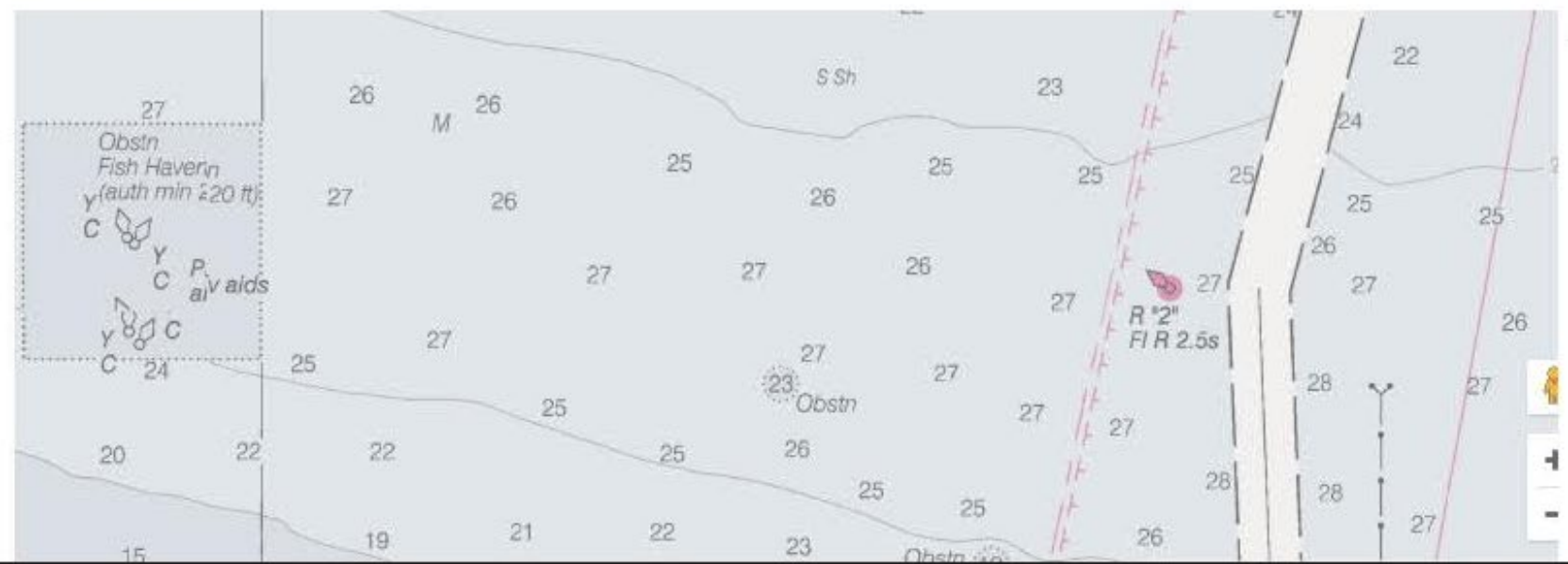
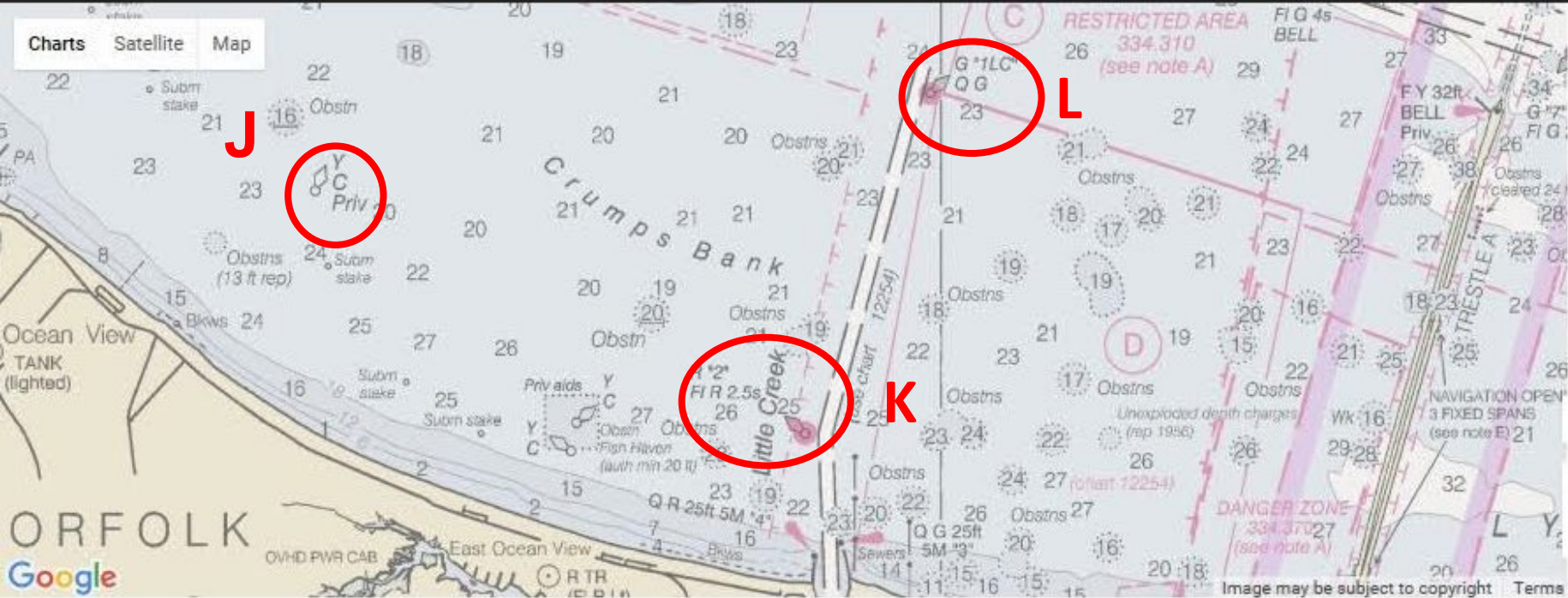
S = Start/Finish

N 36 56.541
W 76 12.163



Marks:

- S** – Orange Ball drop mark in the vicinity of RC boat.
- J** – Yellow buoy off Ocean view beach (location is shown on many charts as VMRC reef buoy).
- K** – Red R "2" buoy at the entrance to Little Creek channel.
- L** – Green "1LC" buoy approximately 2 miles north of the Little Creek channel.





Racing Area & Courses



Racing Area:

- All races will be held **outside of Little Creek entrance** off the shore of the East Beach development.

Courses:

- **Courses** shall be **posted on the RC boat** as indicated by large letters for course marks and numbers for number of laps.
- Leave **RED letter marks to PORT** and **GREEN or BLACK letter marks to STARBOARD.**
- The last letter will be "S", finish between the "S" mark and the RC boat.



Finish

- The last letter on the course board will be "S".
- The finish line shall be the line between the "S" mark and the orange flag on the RC boat.
- **Regardless of the color** of the "S", **all boats shall finish from the course side of the finish line.**
- If course has been shortened, boats shall finish from the course side between RC boat and designated mark.

Keeping Clear of Starting Area:

- Boats are encouraged to remain clear of the starting area as boats are starting.
- **Boats not racing shall keep clear of boats that are racing.**



The Start



The first Warning Signal will be scheduled for **1825 for Series 1 and 2**. **It will be at 1755 for Series 3** due to the earlier sunset.

- All starts shall be in accordance with RRS 26, with the modification that
 - **an iStart automated starting box will be used for sound signals**, and
 - **the "preparatory flag" will be substituted by use of those sound signals**.

Failure to hear an adequate hail or sound signal shall not be grounds for redress. This changes rule 62.1.

Signal	Flag & Sound	Minutes before starting signal	
Courtesy	Attention	3 or 4 rapid sounds	6 (approximate)
Warning	Class flag(s);	1 sound	5
Preparatory	No P Flag	1 sound	4
One-minute	No P Flag	1 long sound	1
Starting	Class flag(s) removed;	1 sound	0

- It is anticipated (but not required) that there will be **two starts**
 - 1) Non-Spinnaker 2 Fleet** followed by 2) **Non-Spinnaker I Fleet** and **Spinnaker Fleets**
- Unless a second start is postponed, **rolling starts will be used**.
- As feasible, the RC will **use GPS time to start the race**.
- Boats are encouraged to remain clear of the starting area as boats are starting. **Boats not racing shall keep clear of boats that are racing**.



The Start

(continued)



Starting Line:

- The starting line for all fleets will be between the “S” drop mark and an Orange Flag on the RC boat.
- It is recommended that the **start line** be **approximately 1.5 times** the **total length** of the **largest fleet**.

Individual Recall (rule 29.1):

- A boat is over the starting line early if any part of the boat is on the course side of the line when the starting gun sounds. When this happens, **flag “X” is flown with one sound**.
 - “X” remains flying until all offenders have restarted properly by getting back behind the starting line,
 - **but no later than four minutes after the starting signal or one minute before any later starting signal.**
- Additionally as a courtesy, the RC **may attempt** to announce the “over-earlies” on the radio.





Compliance with Government Restrictions



- Boats racing **in or near a shipping channel** **MUST** give way to commercial and/or military vessels operating in the channel and are required to **KEEP CLEAR** of those vessels. Competitors **MUST** take evasive action well in advance of any potentially dangerous situation. **Communication directly with those vessels via VHF-16 is advised.**
- Any attempt by a competitor to exercise right of way over, to cross in close proximity to, or to interfere with the reasonable transit of the race area by commercial, military, or **other vessels unable to respond readily or restricted in their ability to maneuver** will be grounds for protest.
- Should such a protest occur, **the burden of proof is on the vessel allegedly interfering to show that she in no way interfered with that commercial/military vessel.** Such protest may also be filed by a protest committee as a result of a report received from the offended vessel or local port authorities/pilots; the protest time limit for this circumstance is 48 hours after the time limit of the last race completed.
- As per RRS 42.3(i), **if a dangerous situation develops**, a boat **may use her engine to avoid that situation.** **No penalty** will be assessed, provided she does not gain a significant advantage in the race.
- **In no way does this instruction absolve any competitor from violation of the Collision Regulations.**

Baypoint Marina

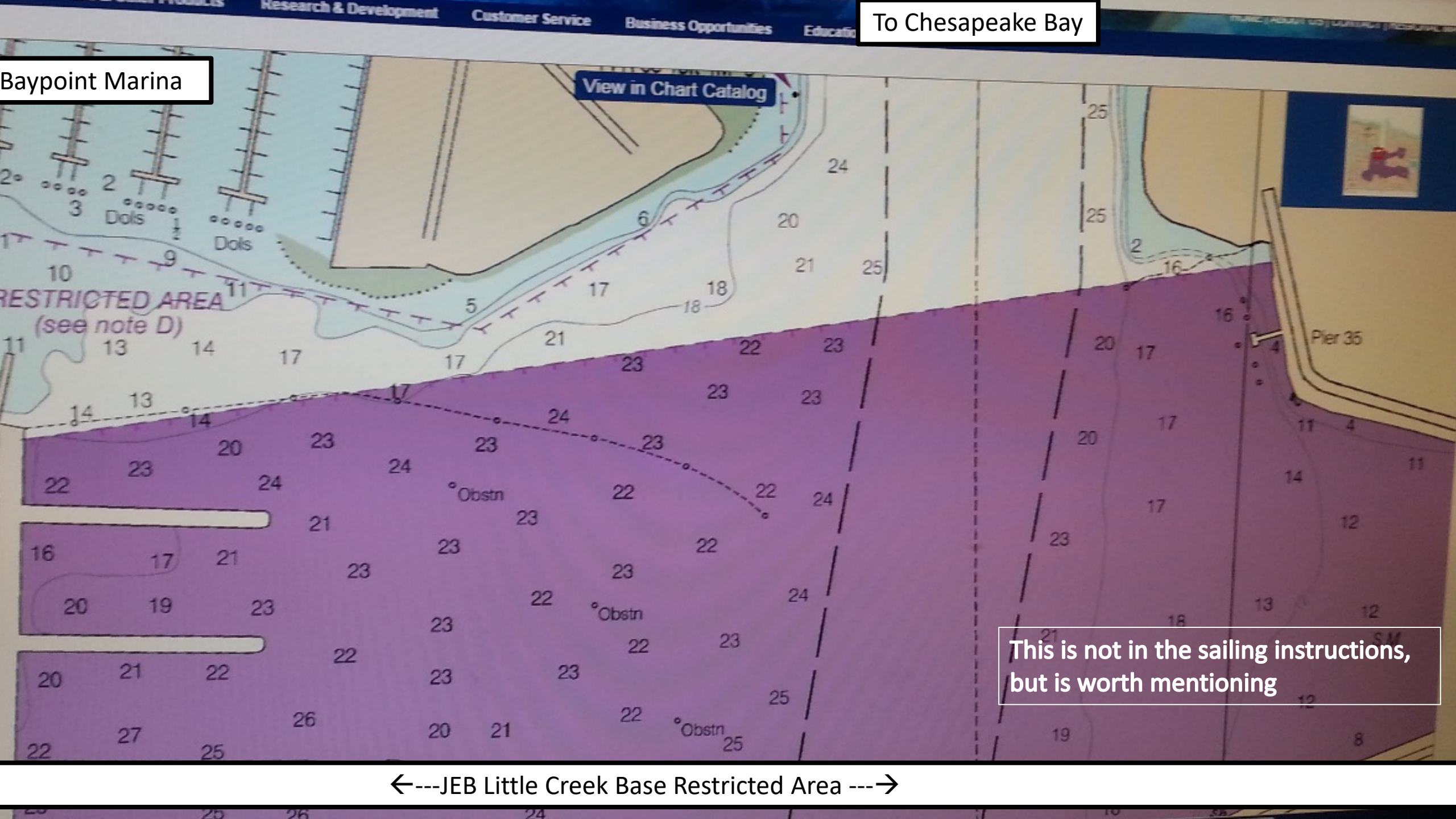
To Chesapeake Bay

View in Chart Catalog

RESTRICTED AREA
(see note D)

This is not in the sailing instructions,
but is worth mentioning

←---JEB Little Creek Base Restricted Area ---→





The Finish

The Finish:

- Unless shortened, the Finishing Line for all classes will be **between the “S” drop mark** and the **orange flag on the RC** boat .
- Boats shall finish by passing between the RC boat Orange Flag and the S Drop Mark in the direction from the previous mark (from the course side).

Shortening Course:

- The RC may shorten the course at any time by anchoring **at a mark** of the course, **displaying Flag “S”, with two sounds** as the first boat approaches.
 - RC will **replace the Orange Flag** mounted on his boat **with Flag “S”**.
 - Boats shall finish by **passing between the RC boat and the mark in the direction from the previous mark**.



Time Limit:

- No boat will be scored later than **two hours after the first start**
 - (2030 if the first start was at 1830; 2000 if the first start was at 1800).



Radio Communications



- * All boats **must have working VHF** and should **monitor VHF-72** thirty (30) minutes before the first warning until racing is completed for that evening.

- * Between the Courtesy and the Warning Signal, the RC may announce:
 - - Cancellation of racing due to bad weather or other factors

- * While racing, the RC **may** announce:
 - -Boats who are "over early"
 - -Shortening of the course
 - -Abandonment of racing
 - -Any other factors affecting safety or fairness of the competition

- * **Failure of the RC to provide a radio announcement or failure of a boat to receive a properly made radio announcement will not be considered grounds for redress.**

- * To facilitate proper radio communications,
 - boats are urged to **limit use of VHF-72 to emergency communication with the RC** and
 - **early retirement** from the race.

(If you are late for the start, don't call the RC on the radio and ask for information... as he should not answer you).



Weather Cancellations



- This decision will be made **based on the judgment of the RC** and the decision is not subject to request for redress.
- Cancellations while racing will primarily be by VHF-72, Code Flag N with three sounds.
- RC should **cancel the race whenever he/she thinks:**
 - **it will be unsafe**, or
 - when there is **a high probability of damaging boats** because of the weather.



Sustained winds of 20 kts or greater on the race course will be grounds for cancelling the race.



Protests and Requests for Redress



- **Protests must be reported** to the LCSA Coordinator on the night of the race **by e-mailing** LCSA@broadbaysailing.org. This modifies Rule 61.2.
- The **time limit** to deliver a protest to the LCSA Coordinator is **four hours after the first start**.
- **Before a protest hearing** is scheduled for an alleged violation of a Part 2 rule, the **LCSA Coordinator or designee will** set up a meeting between the parties to **attempt to mediate the protest**. If agreement can be reached, the protest can be withdrawn, or one or more of the parties can accept a 50% scoring penalty. This modifies Rule 63.
- Protest hearings shall be scheduled by the LCSA Coordinator. The protest committee shall be appointed by the LCSA Coordinator. Should the LCSA Coordinator be a party in the protest, they may transfer some or all of their duties concerning the protest to the BBSA Racing Fleet Captain.



Race Committee Equipment:

- The **Race Committee Equipment** to include an
 - iStart automated starting box,
 - signal flags,
 - course board,
 - orange drop mark and anchor, and
 - RC Bag
- will be located in a locked dock box located at **Bay Point Marina, on D Dock, in front of Slip D4**.
- Those serving as RC should **return the equipment immediately after the race** that they served as RC.
- After returning the equipment they should **email the LCSA Coordinator that the equipment is returned** and they should **identify any discrepancies or shortfalls** in the RC equipment. Combination to the Dock Box will be provided separately.
- The Race Committee should deliver the scratch sheets to the LCSA Coordinator or designated representative by either method:
 - Hand deliver at a mutually agreed location.
 - E-mail results to the LCSA Coordinator or designated representative



Disclaimer of Liability



- **Competitors** participate in a **race entirely at their own risk**. See Rule 4, Decision to Race.

The **organizing authority will not accept any liability** for material damage or personal injury or death sustained in conjunction with or prior to, during, or after any race.

The **safety of a boat and its crew is the sole responsibility of the Skipper** who must ensure that the boat is sound, seaworthy, and manned by a competent crew of appropriate number for the boat.

Insurance:

- Each participating boat shall be **insured for racing** with valid third-party liability insurance with a **minimum coverage of \$100,000 per event** or the equivalent.



COVID-19 Safety Measures In Order to Maintain Safe & Sanitary Environment



- **If physical distancing guidelines**, as required by the Office of the Governor's Executive Orders pertaining to Coronavirus (COVID-19) **cannot be maintained** on race and race committee boats, **appropriate precautions, such as the wearing of masks, are required.**
- Participants **should not attend if they have a fever, are feeling sick, have been in contact with someone who may have COVID-19**, or have displayed any illness symptoms **within the last 14 days.**
- Participants should **thoroughly wash hands** with soap and warm water **multiple times a day** and avoid touching their face.
- Usage of Personal Protection Equipment (PPE) is **highly recommended to help reduce the spread of airborne particulates.**
 - Participants are encouraged to **remove the mask if they end up in the water** to facilitate easier breathing and swimming.
- Participants should **try to refrain from social gatherings before and after sailing.**
- Common sailing safety procedures, such as capsize recovery, man overboard, equipment breakdowns, etc. may require participants to come in close contact with others for short periods of time. This should only occur when absolutely necessary.
- **Do not share** life jackets, harnesses, water bottles, sunscreen, food, or any other personal items.
- Skippers **should limit crew to their PHRF rating certificate** to prevent unnecessary amounts of people interacting.
- Use caution, be courteous, and practice safe social distancing when passing by others on docks, ramps, slips, bridges and other tight locations.
- **NOTE:**
- The above guidelines were **compiled from the CDC, US Sailing, and Gowrie Risk Report on Management of COVID-19** to ensure the health and safety of all participants and staff.
 - Any individual who has **blatant disregard for best practices may be asked to leave Wednesday Night Racing.**
- *Captains and their boats **may not participate in BBSA sanctioned events until they have signed the BBSA COVID-19 Waiver** and Release of Liability.



Disclaimer



- This presentation **does not modify or Amplify the LCSA Sailing Instructions.**
- If there is a discrepancy between this presentation and the LCSA Sailing Instructions, the **Sailing Instructions take precedence.**



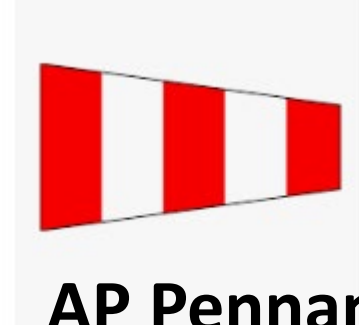
Flags and Pennants You Should Know



Prep Flag



**X Flag
(Individual Recall)**



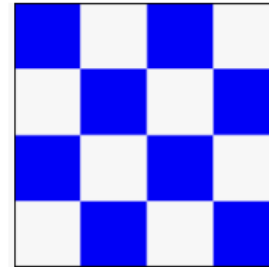
**AP Pennant
(Postponement)**



**First Substitute
(General Recall)**



**S Flag
(Shorten Course)**



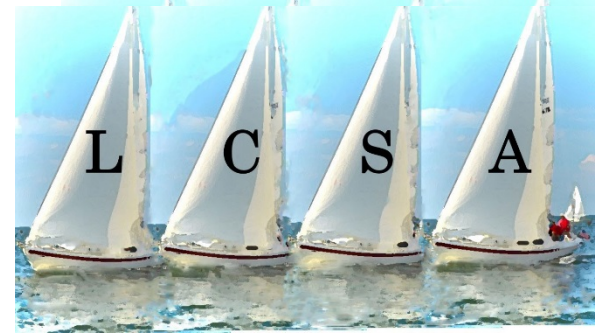
**N Flag
(Abandon Race)**



Protest Flag



LCSA Coordinator



Andy Spittler

LCSA@broadbaysailing.org

QUESTIONS or Comments ?

L

C

S

A





Thoughts on Race Committee



- The RC bag, buoy with anchor, and flags are located in the Dock Box at Bay Point Marina, D dock, slip D4.
- **Please return the RC items to this Dock Box after you have RC duties,**

Please give Andy Spittler the RC Scoresheet after the race **or take a picture of it and email it** to Andy on the night you had RC. email: **LCSA@broadbaysailing.org**

- Prior to you serving as RC, please make sure you are **familiar with the LCSA Sailing Instructions**, and that you have enough people to assist with RC duties.
 - There is some very good info in the RC bag, on how to manage the race.
 - Track the weather throughout the day you have RC, and have a “rough plan” before you get out there.
 - If you need help, ask as far in advance as possible, & we will try to help.
- A boat scheduled to be RC shall either serve as scheduled, or find her own replacement.
 - When finding a replacement, the RC will notify the LCSA Coordinator (Andy Spittler) of the change prior to the race start.



Thoughts on Race Committee



- Get on Station at least 20 minutes before start
 - Determine wind direction and course
 - As required, Use your radio to keep the racers informed of your intentions
- Normally, set up start line perpendicular to the wind (racers start into the wind)
 - Put RC Boat on **right** side of Starting line
 - You can put out a bouy to keep racers away from your boat
 - Have **PORT roundings** of marks whenever possible
- Make Course length so that **all boats can finish**
 - Too short is better than too long.
- **Have a plan to shorten the course.**
 - When course is shortened, finish **must be at a mark.**
- As required, Move RC Boat to adjust finish line so it is perpendicular to a line from the last mark to the finish
- Note: By definition: Racers must cross the finish line “from the course side” to properly finish.
- Record times when boats cross the finish from the wrong side; hits the “finish mark”, when they cross properly
 - These times may be needed in a protest hearing. Better to have and not need...



Cancelling a Race



If the conditions are clearly unsafe, consider cancelling from the dock.

When the conditions are iffy, ...

consider getting underway so you can decide to race or cancel from the harbor or race course, where you can better see the conditions.

How to fill out the Finish Sheet

- Record Sail Number and actual Clock time of finish (HH:MM:SS)
 - Fill out the Race Form in the order of Finish**
 - First to finish at top of the form
 - Last to Finish or DNC at the bottom of form
 - Do not** fill out the form in advance with boat names and then fill in the times.
 - Include start time of both Fleets (HH:MM:SS)
 - Calculate & Record the course length (X.X NM)
 - Recheck all numbers to ensure they are totally legible
 - Record any Protests** on the back
 - Take photo of score sheet and
 - email / text it to **Andy Spittler** (you keep original until results are posted on BBSA website)
- LCSA@broadbaysailing.org

LCSA WEDNESDAY NIGHT RACES

FINISH SHEET

R/C Boat: _____

DATE: _____

RECORD SAIL NUMBER AND ACTUAL CLOCK TIME OF FINISH FOR EACH BOAT. PLEASE BE CERTAIN THAT RESULTS ARE LEGIBLE!

PLEASE RECORD BOATS IN THE ACTUAL ORDER THAT THEY CROSS THE FINISH LINE!

ALL FLEETS

Sail #	FINISH TIME (not from stop watch!)	Sail #	FINISH TIME (not from stop watch!)
1	_____	14	_____
2	_____	15	_____
3	_____	16	_____
4	_____	17	_____
5	_____	18	_____
6	_____	19	_____
7	_____	20	_____
8	_____	21	_____
9	_____	22	_____
10	_____	23	_____
11	_____	24	_____
12	_____	25	_____
13	_____	25	_____

Please note start times for each fleet: Spin/NS1 _____ NS2 _____

Course Length: _____



Current:
1.2 knots



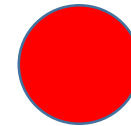
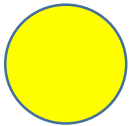
L



Wind
8 knots



J



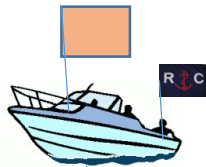
K



Current:
.45 knots



Current:
1.2 knots



Start / Finish



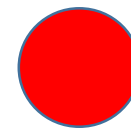
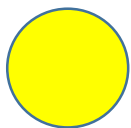
Wind
8 knots



L



J



K



Current:
.45 knots

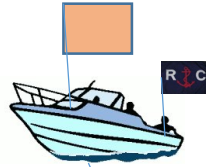
Course: **J** **K** **S**



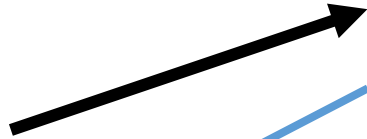
Current:
1.2 knots



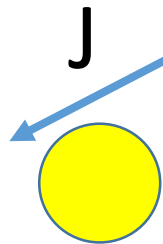
L



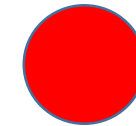
Wind
8 knots



Start / Finish



J



K

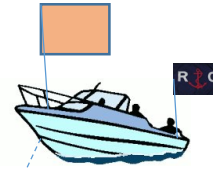


Current:
.45 knots

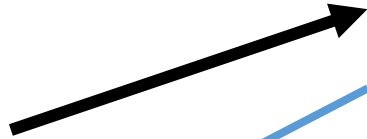
Course: **J K S**



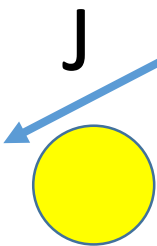
Current:
1.2 knots



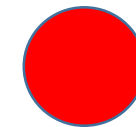
Wind
8 knots



Finish



J



K



Current:
.45 knots

Course: **J K S**



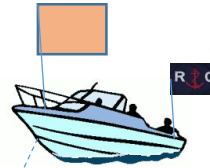
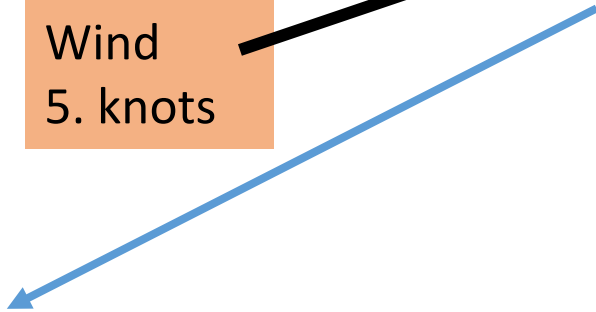
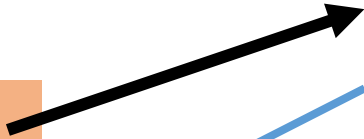
Current:
1.2 knots



L

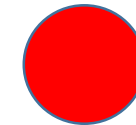
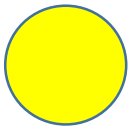


Wind
5. knots



Finish

J



K



Current:
.45 knots

Course: **J** **K** **S**



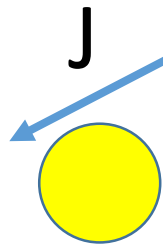
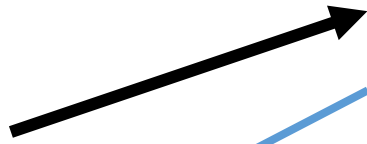
Current:
1.2 knots



L

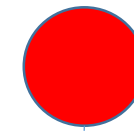


Wind
5 knots



Current:
.45 knots

Course: **J** **K** **S**

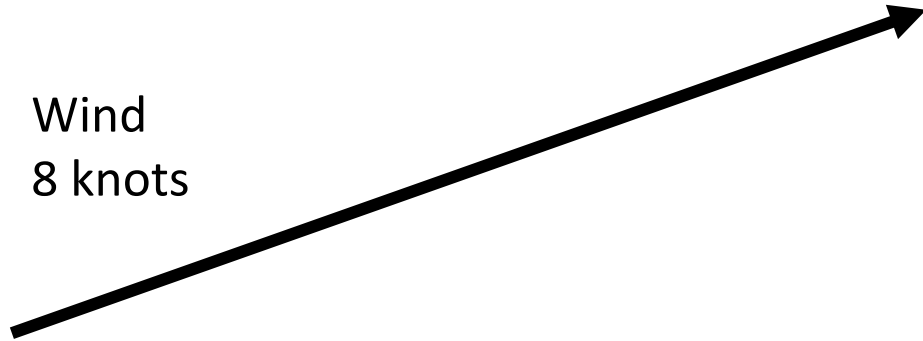


K





Wind
8 knots



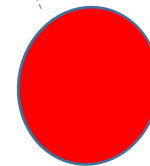
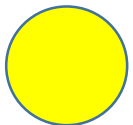
Start / Finish

Flag Locations

Where best seen for their purpose

- Class flag
- Individual Recall

J



QUESTIONS or Comments ?

L

C

S

A

