

From: [McCarthy](#)
To: [Southern Bay Racers;](#)
Subject: # 363 SOUTHERN BAY RACING NEWS YOU CAN USE
Date: Monday, October 01, 2007 10:15:25 AM

For additional information contact: Lin McCarthy, (757) 850-4225

Southern Bay Racing News You Can Use # 363

SBRNYCU is an independent weekly publication of southern Chesapeake Bay racing happenings. Founded in April, 2000.

WHITE BOAT Brings J/30 NORTH AMERICAN CHAMPIONSHIP Home to the Southern Bay! *White Boat*, Dave McConaughy's J/30, sailing out of Hampton Yacht Club, is the 2007 North American J/30 Champion! The southern Bay entry went up against 19 other contenders in the 3-day event hosted by Annapolis Yacht Club. The *White Boat* team: Dave and Kim McConaughy, Kenny Saylor, Mike Austin, Glenn Gates, Doug Gordon, Jimmy Haines, Rusty Burshell, and Tripp Behm. Top of the heap *Kudos* to all! Skipper Dave McConaughy said the 3 day event was the most mentally and physically challenging regatta he had ever been in - more details when the gang gets back home.

To Fiddler's Green: Bob Rogowski, skipper and owner of *Rogue*, passed on last Thursday, September 27th. Mass will be celebrated today at 11am at St. Kateri Tekakwitha Catholic Church. Dr. Rogowski was 68 years old and a long time member of Langley Yacht Club and CCV. We will miss him on the course.

In a stiff Northerly, 24 boats started and finished the **Neptune's Atlantic Regatta** pursuit race on Saturday. Winds of 20 - 25 knots were reported and boat speeds of the first three finishers were in the teens. Traveling at mach-whatever, every single boat finished no later than shortly after 1300. **RESULTS:** PHRF A (5 boats): 1. *Mirage*, **Christian Schaumlöffel**; 2. *Treaty of Ghent*, **Jim Williams and Will Roberts**; 3. *Meridian*, **Sledd Shelhorse**. PHRF B (2 boats): 1. *Callinectes*, **Ben Cuker**. PHRF C (3 boats): 1. *Lona B*, **Carey Hardesty**; 2. *Insolvent*, **Steve Taylor**. PHRF Non-Spin (6 boats): 1. *Black Widow*, **Leo Wardrup**; 2. *Trouble*, **Bill Barnes**; 3. *Dreamtime*, **Jim Borgerg**. Cruising (8 boats): 1. *Solas*, **P. Hillard**; 2. *Aria*, **J. Wright**; 3. *Mariah*, **Judy Rose**. PRO - Scott Almond. The Neptune's Atlantic is administered by Broad Bay Sailing Association.

A bunch of crewless skippers, 19 to be exact, suited up and did Sunday's HYC Singlehand Race. The fleet was split into two groups according to PHRF ratings, and both fleets completed the 10.4 mile course on a beautiful, blustery day in Hampton Roads Harbor. Fleet 1 (8 boats, ratings from 84 to 165): 1. **Ben Cuker**, *Callinectes*; 2. **Andy Armstrong**, *Virginia H*; 3. **Phil Briggs**, *Feather*.

Fleet 2 (11 boats, ratings from 174 to 252): 1. **Tim Ketten**, *April Tide*; 2. **Jeff Rogers**, *Halaha*; 3. **Justin Morris**, *The Hunter*. Race Chairmen: Malcolm and Kathy Brady.

Race for the CCV HIGH POINT CHAMPIONSHIP is tight at the top. The final day of CCV Racing, October 14, will decide a lot. In addition to settling the CCV Fall Series Championship, it will determine who wears the 2007 southern Bay overall crown and gets THE braggin' rights for the year. In the coveted CCV High Point Championship competition, there are already 10 races in the books. With two more races coming up, it will take 9 races to qualify for the High Point. To date there are 28 boats that stand ready to qualify for the CCV High Point. Currently in PHRF A, *Cash Flow* and *Sea Star* are within two points of one another and *Cyrano* is within striking position, ready to move up a notch should either of the leaders falter. In PHRF B, *White Boat* has a solid lead and has only to avoid "messin' up", while *Bad Habit* and *Cool Charge* will be bent on determining 2nd and 3rd. *Roundabout* looks good in PHRF C, but must avoid the unexpected calamity with *Quicky* and *Spray* nipping at her heels. In PHRF Non-Spin, only two points separate *Wiki Wiki* and *Margarita* from the fleet championship.

Ben Cuker, skipper/owner of *Callinectes*, had a pretty busy weekend - **and, he won his fleet in two regattas**. On Saturday he and crew did the Neptune's Atlantic, sailing around Cape Henry to the finish point off the Virginia Beach Atlantic Avenue Boardwalk and then on Sunday, Ben, back in Hampton Roads, did the Singlehand race, while the crew "slept in". Now, that's a racer!

Sails and Swims, Bikes, and Runs FAST! **Andrea Latell**, who regularly races with husband Jerry, accomplished something most people do not even consider doing. This past weekend she completed her first Iron Man distance Triathlon. That's 2.4 mile swim (upwind in 20 knots), 112 mile bike race, and then a full marathon run of 26.2 miles. She finished with a time of 14:40:58.

Word is there are a number of racers who are not ready to "give up" mid-week racing just because October is here. Rumor has it there are a number who intend to meet on Wednesday evenings to go 'round Hampton Bar. The person to get the info from is Graham Field at (757) 488-3931.

IMPORTANT NOTICE: PHRF RACERS - here is your chance to be heard where it matters. If you hold a valid PHRF certificate, list a Region IV club as your "home" club on your PHRF cert, and have anything on your mind that relates to fleet splits or anything else that you think can be done to improve PHRF racing on the Chesapeake, grab your club's Delegate or Handicapper or **contact Mike Dale, Region IV Vice President, at J27166@aol.com and let**

your thoughts be known. On Thursday, October 18, the PHRF Delegates and Handicappers for Region IV will meet in order to determine fleet splits for 2008 and discuss other items and issues of concern to the PHRF members in the Southern Bay in preparation for the Annual PHRF Delegates' Meeting in November. This meeting will deal with matters related to PHRF Class rules and policy matters, not individual ratings. You forfeit all spring grumbling rights if you neglect this chance to make your concerns, likes, and/ or dislikes heard. Do contact your club PHRF delegate or Mike Dale NOW with your specific input.

Pete Knight, *Salute* won the Rappahannock River Commodore's Cup Regatta. Competitors saw wind around 25 knots with one puff that registered 32 kts. Pete won both races Saturday with **Anker Madsen, *Stephanie***, finishing 2nd and **Tom Asch, *Moya***, taking 3rd.

College Racing: Southern Bay teams at the Tom Curtis Memorial Regatta hosted by Georgetown University this past weekend: Old Dominion University (3rd); Christopher Newport University (6th); Hampton University (12th); College of William and Mary (14th); Virginia Tech (15th); University of Virginia (18th). By virtue of their finish, CNU qualified for the War Memorial Regatta.

Coming this weekend:

Saturday, Oct 6 - Willoughby Memorial Regatta - contact Scott Almond, BBSA, (757) 471-2663

Sat-Sun, Oct 6-7 - Hospice Turkey Shoot Regatta, contact Karen Knull (804) 462-7018

IMPORTANT DATE: Friday, November 9th - CCV AWARDS PARTY AND YEAR END BASH - If you race, are interested in the racing scene, or have friends who race or watch, you need to be at this happening. This is where the racing community gets gussied up and parties hardy. Racers in real clothes - imagine the sight. Hosted by CCV at the Hampton Marina Hotel (formerly the Downtown Hampton Radisson). Cocktails and heavy hors d'oeuvres from 7pm to 8:30pm. Awards presentation, vote for 2008 Board and Officers, etc from 8:30pm to 9:15pm. **Dancing to live music (The Plum Doctors)** and continued party-ing from 9:15pm until... For a special room rate at the Hampton Marina Hotel call (757) 727-9700. For info and to make resses, contact Karl and Senta Petersen at (757) 271-2869.

High School Racing Spotlight: The Virginia Interscholastic Sailing Association (VISA) activity featured fleet racing hosted by Poquoson HS at Norfolk Yacht and Country Club this past weekend. 10 varsity and 6 JV teams competed in FJs. **Norfolk Collegiate** (Stokes/Granger and Stokes/Davenport) won. The racing

continues next weekend at Christ Church School on the Rappahannock.

Amthor 2nd in 505 Mid-Atlantic Championships: Henry Amthor finished 2nd among 14 teams racing at the West River Sailing Club hosted event. The other southern Bay homie at the regatta, **Christian Rasmussen**, was crew on the 4th place finisher. *Kudos* to both!

The North American 505 Championships are scheduled for Oct 15-19 in Annapolis.

MURPHY'S LAW: Every fall it happens. Suddenly we racers realize the season is ending and we will do anything to stay out there. There is no easy solution - there is no 12 step program. The only answer is to keep racing 'til you race your brains out; then, you go in and commence to get ready for the coming season. Brain surgeons' lobotomy schedules are busiest right before January! /S/ *Murphy the Racing Beagle, the sailing spirit in us all.*

To subscribe directly, send an email to mcbear@earthlink.net, put *SBRNYCU* on the subject line, give your name, and say, "Sign me up!" *SBRNYCU* is free. You may reprint or forward all or any part of this publication as long as you give credit to:

SOUTHERN BAY RACING NEWS YOU CAN USE, Lin McCarthy,

Editor