

Subj: **# 421 SOUTHERN BAY RACING NEWS YOU CAN USE**
 Date: 11/24/2008 7:48:54 AM Eastern Standard Time
 From: mcbear@earthlink.net
 To: mcbear@earthlink.net

For additional information contact: Lin McCarthy, (757) 850-4225

Southern Bay Racing News You Can Use # 421

SBRNYCU is an independent weekly publication of southern Chesapeake Bay racing happenings. Founded in April, 2000.

Hark thee! THANKSGIVING DAY cometh! May your blessings be numerous and your servings generous!

Remember... The GABOON RACE, Sunday, December 7th. Don't put your baby away yet! The annual Gaboon Race, hosted by Hampton Yacht Club, OPEN TO ALL, is a pursuit race that starts and finishes in Hampton River at the HYC docks. Starting times will be available at the race registration table (HYC Dockside Lounge, aka The Bar) on race day. Deadline for entries is 12:30 PM on race day. There is no limit on number of crew, so bring 'em all! A PHRF of the Chesapeake valid rating is required, but the crew limitations will not apply. The starting sequence begins at 1:00 PM and the pre-set course is approximately 8 nautical miles, in Hampton Roads harbor. Fleet awards and the grand Gaboon Spittoon will be presented on December 9 at HYC annual awards presentations. **For info and/or to enter, contact Phil Briggs at (757) 723-5477.**

FROSTBITE SERIES (Day 4) - Yesterday, the wind was light, too light. Race officials packed it up and sent the fleet in after an hour of waiting for "no show" breezes. **The Final Frostbite Series Race is this coming Sunday, November 30.** The first warning signal is at noon, 1200. For info and to enter contact [Brian Deibler at \(757\) 224-4272 or \(757\) 715-8977.](mailto:Brian.Deibler@hamptonyc.com) Hampton Yacht Club sponsors this Series, which is OPEN TO ALL. Racing is in the Hampton Roads harbor area.

SBRNYCU MURPHY RULES - 2009: January 24, 2009, Saturday, 0900 - 1545, at Norfolk Yacht and Country Club. All you never thought you could know about the rules! The focus of the clinic will be an interactive discussion of the racing rules with special emphasis on the rules changes that become effective in six (6) weeks. Course instructor John McCarthy will explain all the important changes and work them into the "rules made easy format" he has used in the past, stressing understanding concepts rather than memorizing rules. The fee, if received prior to January 1, is \$40 (\$35 for attendee's family member); after January 1st, it will be \$45 per person. Registration fee includes morning refreshments, lunch, and course materials. PRE-register by calling (757) 850-4225 or by email to mcbear@earthlink.net (include your name, address, and phone number and on the subject line put MURPHY RULES). This is an ideal opportunity for both skippers and people who crew.

US SAILING RACE MANAGEMENT SEMINAR at Hampton Yacht Club February 14-15, 2009, in Hampton, VA OPEN TO ALL. The seminar is designed for people who have some race committee experience and newcomers are also welcome. Topics include: RC objectives, RC responsibilities, RC jobs, RC equipment, starting system, setting the course, mark boat operations, before the start, during the race, finishing and scoring. There is a wealth of information that will be extremely helpful anyone serving on a race committee. The seminar fee is \$50 for US SAILING members and \$60 for non-members. Lunch, both days, is included in the fee. If you wish additional details concerning the seminar, you may go to the Hampton Yacht Club website at <http://www.hamptonyc.com> and click on the seminar icon, or call Lin McCarthy at (757) 850-4225 or email mcbear@earthlink.net

Food for thought - Not every kid who plays T-Ball will reach the major leagues or receive an athletic scholarship to college, and neither will most kids who throw a football, dribble a basketball, swing a field hockey stick, kick a soccer ball, etc. But, they will learn valuable lessons for life. Competitive sailing, that is racing, offers those same lessons along with a few others unique to the sport. You have only to watch an eight year-old, shove his or her Opti off from shore, alone with the tiller in hand, heading for the course of his or her first regatta, to understand the euphoria, and trepidation, of independence each must feel. Do everything you can to introduced kids to programs that teach them to race, to succeed among their peers, to learn from experienced, knowledgeable, adult coaches the right way to "play the game". Then, step to the background and watch them grow! Not everyone will become a member of the US SAILING team (see below), but *aiming for a star* is not a waste of time!

YOUTH MOVEMENT IN US SAILING: The following info is reprinted from an official notice from US SAILING:

US SAILING Announces New Olympic Training Pipeline

Applications for New 2009 US Sailing Team – U18, US Sailing Team – U23 Now Being Accepted
 Portsmouth, R.I. (November 18, 2008) – US SAILING's Olympic Sailing Committee (OSC) is proud to announce a **new Olympic sailing training pipeline**, which will help guide talented sailors from youth programs to the U.S. Olympic Sailing Program. As part of the new pipeline, the OSC will launch two new teams in 2009: **The US Sailing Team – U18 (Under 18) and US Sailing Team – U23 (Under 23)**. As a long-time supporter of youth racing, LaserPerformance has signed on as the official sponsor of both teams. US SAILING will provide the teams with elite-level coaching, as well as educational, administrative and logistical support throughout the year. The country's top youth sailors will gain invaluable experience by competing at major national and international regattas, learn how to campaign for the U.S. Olympic Sailing Team AlphaGraphics and choose, prepare and maintain equipment.

Formerly known as the Elite Youth Development Team, the US Sailing Team – U18 and US Sailing Team – U23 were created for athletes who have been identified as future Olympic prospects. The US Sailing Team – U18 will include the top sailors in the Laser Radial (boys), Laser Radial (girls), 29er (open) and I420 (boys or girls) classes, who were born after 1991. The OSC will accept up to five boats in each class for the U18 team. The US Sailing Team – U23 will consist of the top two sailors born after 1986 in each of the Laser (men) and Laser Radial (women) classes. **Members of the U23 team may also compete concurrently at the college level.**

Sailors interested in being considered for the team should e-mail a cover letter, sailing resume, training and regatta plan and headshot to US SAILING's High Performance Director Kenneth Andreasen and US SAILING's Olympic Director Katie Kelly at Olympics@ussailing.org. The deadline for applications is Sunday, December 7, 2008. Team members will be announced by Friday, December 19, 2008. This entire press release can be found online at: http://olympics.ussailing.org/Current_News/2009_Youth_Pipeline.htm?PageMode=Edit

MURPHY'S LAW: Speaking of holiday gifts for for racers - have you seen those thingies that look like gloves for the feet? Individual sections for each toe! Laying un-used on the dock they look like The Abominable Snowman's footprint. If your bowman doesn't want a pair of those, you need to revoke his or her Pointy End Certification! Absolutely a "must have"! /S/ *Murphy the Racing Beagle, the sailing spirit in us all.*

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 SOUTHERN BAY RACING NEWS YOU CAN USE, Lin McCarthy, Editor

FOR SALE: RIPTIDE Colgate 26 set-up for racing or daysailing. \$26,000. For description and pictures contact Marty Steffens (757)722-5505 or mwsteffens@cox.net [ADVERTISEMENT]

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