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**To:** Southern Bay Racers <mcbear@earthlink.net>  
**Subject:** #829 SOUTHERN BAY RACING NEWS YOU CAN USE March 6, 2017  
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## **Southern Bay Racing News You Can Use # 829 March 6, 2017**

*SBRNYCU* is an independent weekly publication of southern Chesapeake Bay racing happenings.

Founded in April, 2000. Lin McCarthy, Editor

*Try sailing - it's NOT easy!* - Bill Schanen, [SAILING Magazine](#)

**REMINDER – INFO DUE TOMORROW – MARCH 7 - FOR ANNUAL SBRNYCU BOAT FOR SALE LISTING.** Each March *SBRNYCU* offers a free listing to racers selling their boats or racing equipment. Just email your submission to [mcbear@earthlink.net](mailto:mcbear@earthlink.net). Subj: Boat for Sale. Be sure to include the model, length, age, location, and any other relevant info about your boat. Include your asking price. Include seller's contact info – telephone number only (cannot print email addresses). Limit your entire submission to about 2 lines, no more than 3. *SBRNYCU* reserves to right to edit submissions. The listing will run in a mid-March issue. So, if you plan to let your baby go, let other racers know!

Southern Bay racer **Jim Raper**, C&C 35, MK III, *Rhapsody*, speaks for all of us regarding the lovely EARLY SPRING we have been enjoying. About the fine weather, Jim said, *Truly it is grand! I have worked on the red boat for the last three weekends - IN SHORTS!* In shorts *AND* able to work on the boat – Murphy says that it don't git no better.

Don't try to mess with any of the racers from the Rappahannock River area when it comes to racing rules. They filled the **Rappahannock River Yacht Club** clubhouse for **MURPHY RULES** Saturday morning and they are officially ready to go racing. Meanwhile, another SRO crowd of sailors learned all about the intricacies of sail trim at the **Ullman Advanced Sail Trim** clinic sponsored by **Norfolk Yacht and Country Club**. So, a whole lot of southern Bay racers are a whole lot "race course" smarter. SPRING COMETH!

**Two-time US Rolex Yachtswoman of the Year Sally Barkow will speak on March 29<sup>th</sup> at 7pm at Orchard House School in Richmond** as part of the Fishing Bay YC Winter Program. Sally has sailed in the Around the World Race, as well as port races, numerous in shore and off shore races, and she is considered one of the best match racers in the country. This event is open to all – tickets are \$12. This event will most likely sell out, so register now at <https://www.fbyc.net/Events/2017/03.29.social/ssi.dtml> For info contact Greg and Kathy Ullman 804-869-0200 or Julie Ann Wash 804-334-1181.

### **Southern Bay Racers MARCH Happenings:**

- March 7** Deadline for *SBRNYCU* BOAT FOR SALE listing (see above)
- March 11** HOD Class Racing Assoc. Spring Party – Leigh Chapman 757-593-0250
- March 12** *DAYLIGHT SAVING TIME begins (0200, 2:00am)*
- March 20** *SPRING EQUINOX – 0629 ( 6:29am) EDT*
- March 21** CCV Meeting-Racing Guide distribution – Rules Clinic (see below)
- March 25** MURPHY NUTS & BOLTS for Race Committee (see below)
- March 28** FBYC Crew Training Program opens – (see below)
- March 29** Sally Barkow speaks in Richmond- FBYC sponsors (see above)
- April 1** CCV Intro to Sailboat Racing Clinic (morning) (see below)
- April 1** APRIL FOOLS DAY – sailboat racers unofficial national holiday

**Special Note – Watch for various Sock Burnings scheduled around mid-March (Spring Equinox is the trigger) at your local clubs and beyond!**

**CCV KICKS OFF 2017 SEASON:** CCV Spring Kick-off meeting is **Tuesday, March 21 at HYC**. Starts at 5:30 PM with a business meeting followed by a rules update seminar at 6 PM. The yearbook will be distributed to paid members (the 2017 *Racing Guide* is included in a CCV membership) and CCV will be accepting applications for membership at the meeting as well.

**CREW TRAINING PROGRAMS:** If you want to enjoy racing even more and to be a valued part of a racing team, it never hurts to get "trained up". These programs are also fertile ground for skippers looking for crew for the coming season. See what works for you and sign up. All of these programs are OPEN TO ALL.

\*\*\*\***FBYC Crew Training Program.** Three (3) evening, weekday classroom sessions (March 28, Apr 4 & 11) at VPBA in Richmond (south side) and two (2) on-the-water sessions on Saturdays, April 29 and May 6, in Deltaville on FBYC boats. Additional details and registration at the FBYC website [www.fbyc.net](http://www.fbyc.net). Cost \$70, which includes printed course materials, refreshments, and last night social. Registration is now open.

\*\*\*\***CCV Introduction to Sailboat Racing.** Morning on shore clinic (8am to noon) Saturday, April 1, at Hampton Yacht Club and an on-the-water (TBA) on your boat with an experienced skipper mentoring you. Cost \$20 (Free to CCV members). Space is limited – first come, first serve. Please sign up no later than March 25<sup>th</sup>. For info and to sign up contact Bobby Whitehouse 757-218-9376 or 757-965-5775.

\*\*\*\***SAIL NAUTICUS SEMINAR.** Hosted at Nauticus (downtown Norfolk), April 29 and May 6. Morning discussion of racing basics in seminar setting (9am-11am) and afternoon racing/training in the Nauticus boats (a Nauticus member captain will be onboard) from 1pm until . . . . For more information and to register contact Ryan Newland 757-664-1058.

\*\*\*\***CCV Advanced Training Course.** Set for classroom sessions on Monday evenings (7pm-8:30pm) July 10 – July 31 and on-the-water on Wednesday evenings (July 12 - August 2) at Hampton Yacht Club. This course is directed at the foredeck, mast, and pit positions on a race boat. The clinic will cover tips and tricks to increase your team performance forward of the cockpit. Cost \$45 for CCV members and \$85 for non-CCV members (registration by non-members will include a CCV membership).

**REMINDER. MURPHY NUTS & BOLTS FOR RACE COMMITTEE. Saturday morning (9am-noon), March 25, hosted by Broad Bay Sailing Association (BBSA) at Nauticus (downtown Norfolk).** If you will be serving on a Race Committee this sailing season, be it for a week-end regatta, single race, junior, mid-week casual race, or any others, MURPHY NUTS & BOLTS is for you. The presentation is designed to cover the essentials of on-the-boat, on-the-water Race Committee responsibilities including the start and the finish. John McCarthy will present this seminar that is designed for skippers and crew as well as non-racers who want to be involved in racing. Cost \$10. Includes refreshments and materials. All proceeds go to US patriot Sailing, a 501c3 non-profit with a mission of getting combat Veterans involved in competitive sailing. <https://form.jotform.com/63483623289162>

**MURPHY'S LAW:** *Yours Truly, the Racing Beagle*, has experienced a change in sleeping habits brought on by recurring dreams of spring racing, boatyard bills, equipment purchases, etc. The worse dream by far is of coming to the starting line with a great start, but then realizing we are starting with the fleet that *follows us* – yikes! So, the Murphster is sleeping like a baby. . . waking up every two hours and crying my heart out! /S/ *Murphy the Racing Beagle, the sailing spirit in us all.*

To **SUBSCRIBE** directly, send an email to [mcbear@earthlink.net](mailto:mcbear@earthlink.net) , put *SBRNYCU* on the subject line, give your name, and say, "Sign me up!" *SBRNYCU* is free. If you wish to UNSUBSCRIBE, send an email to [mcbear@earthlink.net](mailto:mcbear@earthlink.net) and put UNSUBSCRIBE on the Subject line OR, simply hit "reply" and put UNSUBSCRIBE on the subject line. **The postal address associated with this email is: SBRNYCU, 4401 Chesapeake Avenue, Hampton, VA 23669.** You may reprint or forward all or any part of this publication as long as you give credit to: *SOUTHERN BAY RACING NEWS YOU CAN USE*, Lin McCarthy, Editor